

NEWSLETTER

FROM THE DESK OF ACADEMIC COORDINATORS



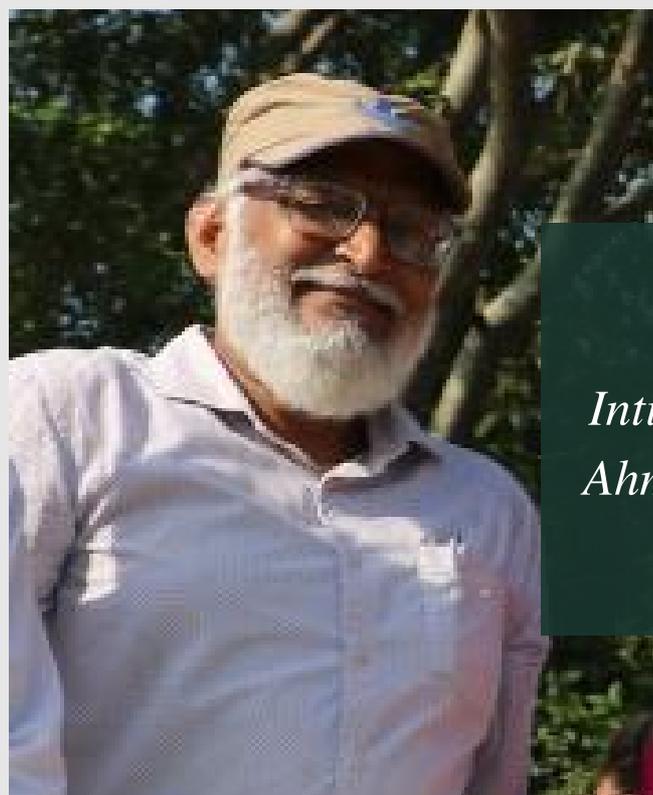
*Mrs.
Shalini
Jain*

THE BATTLE BETWEEN CO AND EXTRA

We at DPS Aligarh focus on the holistic development of our students. Our goal is not just to create well-educated people but to build well-educated global citizens. For this, we have a variety of co-curricular activities varying from sports to dance to politics and public speaking. Extracurricular activities broaden the horizon of creative and critical thinking for students. The main function of these activities is to be a catalyst to speed children's teamwork, creative and explorative skills. Everything in life should have a balance. So at times, co-curricular activities can even affect learning so, it is important that the balance is maintained between the two. Our school helps students in maintaining that balance by having a fixed schedule for the co-curricular activities. The school fosters these skills through different competitions planned for students which actually creates a positive competitive environment and helps the students work towards continuous improvement of their skills. The main purpose of engaging students in extracurricular activities is to polish their skills and get phenomenal experiences.

WHY TEACHERS NEED EXTRACURRICULAR ACTIVITIES TOO?

We at DPS Aligarh believe in the old saying "all study and no play makes Jack a dull boy." Extracurricular or co-curricular activities are essential in today's world for both students and teachers. Teachers, in addition to children, can benefit a lot from these activities, since we have begun to conduct several events for their continuous professional development, witnessing an overwhelming participation from all teachers, irrespective of their age or responsibilities. The main goal is to break the monotonous cycle of teaching in a classroom every day, and then going back home with hardly anything new to learn each day. The school believes that it is essential for teachers to step outside of their comfort zones and muster new skills. Teachers have recently participated in events like Presentation, Declamation, Dance, Sports, Zumba among several others. Looking at the impressive results we've been witnessing, we are looking forward to improving even more in this area.



*Mr.
Intisar
Ahmed*

INVESTITURE CEREMONY



At Delhi Public School Aligarh the Investiture Ceremony for the academic year 2022–2023 was held with great zeal and enthusiasm on October 3. The Principal, Academic Coordinators, and teachers presided over the ceremony along with the chief guest, Commandant Amit Kumar of PAC Battalion 38. The ceremony commenced with the lamp's lighting, followed by a performance by the school choir group. Ms. Arti Jha, the Principal delivered an enlightening speech on the value of leadership qualities and how parents should foster these skills in their children. The elected leaders were awarded badges by the Principal and the Chief guest. The house masters handed over the house flag to the respective House captains whereas the President of the Student Council, Palak Singh was given the school flag by the Principal. A solemn oath was taken by all the members of the Student Council who committed to fulfilling their duties with great passion and responsibility. After the badge and sash-giving ceremony, the members of the Council also sang the School anthem. The most motivating part of the event was the speech by the honorable Chief guest which not only inspired the entire gathering, but also left them speechless as he talked about his journey through life, overcoming one obstacle at a time, taking criticism and bullying as a challenge, and proving to the world that every dream can come true as long as we are willing to try. The ceremony ended with a vote of thanks by the Head boy, Shiva Mahi Mittal, and Head girl, Anushka Singh.

INDEPENDENCE DAY



Delhi Public School Aligarh celebrated Azadi ka Amrit mahotsav in the school campus on 14 and 15 August with programs conducted by students from classes Nursery to XII along with the teachers. The students of class VII to XII were queued up to form a human chain of the number 75 with hundreds of tricolours in their hands. The principal and teachers too carried flags. A very patriotic assembly was conducted with mesmerising and spirit evoking dance and musical performances. The Principal shared very inspiring views and told us to embody the spirit of “vasudhaiva kutumbakam”.



TEACHERS' DAY 2022

September 5 is the day that students and teachers eagerly await for. The senior students from Delhi Public School Aligarh put together an excellent cultural event for their teachers. At the beginning of the ceremony, the image of Dr. Sarvapalli Radhakrishnan was garlanded and the lamp was lit by our respected Principal, Academic Coordinator, and Administrative Officer to inaugurate the program. The students performed on a melodious song and right after that, some of them entertained the teachers with a lively band performance. The students of class XII organised a title-giving ceremony to show their gratitude and love towards the teachers. In this event, the students also gifted handmade cards to the teachers while dressing up as them. The students of classes X to XII showcased their brilliant dance performances too during this event. A heartfelt speech was delivered by Nandini Jain from class XII to remember the good-old days with the teachers and at the school. Towards the end, the teachers thoroughly enjoyed a game of musical chairs giving each other a tough competition. Finally, the program concluded with the motivational words of our honorable Principal where she reminded us why we don't just need strict teachers in our lives, but someone who can mentor and guide us through this journey called life.

CONTINUOUS PROFESSIONAL DEVELOPMENT

INTER DPS SPORTS COMPETITION



“Age is no barrier. It is a limitation you put on your mind.” – Jackie Joyner-Kersey. Disregarding all barriers of age, profession and nervousness, the teachers took one more step towards their Continuous Professional Development through participating in various indoor and outdoor sports activities like throwball, cricket, table tennis, and chess. With teams participating from all three schools, Delhi Public School Aligarh, Civil Lines and Hathras, the events were conducted over two days, October 8 as a knock-off event and October 15 as the finale. The finale saw a nail-biting cricket match, with DPS Civil Lines winning the tournament. The cherry on the cake was the special orchestra and Zumba performance by several teachers with no age bar from the host school, Delhi Public School Aligarh. Each of these performers has pushed their boundaries learning new instruments, steps, and routines to entertain their audience. The latter was certainly not left disappointed. The winning teams for each game played a friendly match with the teachers of Pavana International School. The event saw a flurry of activities, happy and disappointed faces, loud cheers and slogans upbrining the true spirit of a sports event. The chief guests of the event Mr. Swapnil Jain, Pro- Vice Chairman and Mrs. Priya Jain, Member of the School Managing Committee, clapped their way through the events and nail biting tournaments, encouraging the players all along. The team spirit, the joy of performing together, challenging boundaries and getting out of the comfort zones were all awarded with a sumptuous dinner at the end of the day. The overall winner of the tournaments, Delhi Public School Aligarh not only showcased the true sportsman spirit during this event, but also decided to continue such activities in the future, with practice sessions on every Saturday for its teachers.

DECLAMATION, PRESENTATION



September 3 saw one more step towards the Continuous Professional Development of the DPS teachers when some of them came together to present their speeches and views on various topics, showcasing not only their oratorical skills, but also their confidence, belief and passion for becoming better speakers in their classrooms. The event organized by Delhi Public School Aligarh witnessed two competitions, the Declamation which was conducted in Hindi and the Presentation in English. Teachers from Delhi Public School Aligarh, Delhi Public School Civil Lines and Delhi Public School Hathras won several hearts while they narrated their speeches of famous personalities like Netaji Subhash Chandra Bose, Sushma Swaraj and Abdul Kalam Azad among several others, and brainstormed with the audience on topics of cryptocurrency, innovation in life, and teachers as communicators in the beautiful auditorium of Pavna International School. The chief guests were left awestruck with the confidence displayed by each teacher, be it with their narration, voice modulation, intonation, body language, and presentation skills. The teachers who face the sea of students every day were not nervous or intimidated when they were challenged with subjects they had initially no idea about. With rigorous practice, passion and love for speaking, the team from Delhi Public School Aligarh which consisted of Neema ma'am, Tanvi ma'am, Rajeev sir and Mubashir sir bagged the first prize for Presentation, and DPS Hathras bagged the first prize in the Declamation competition.

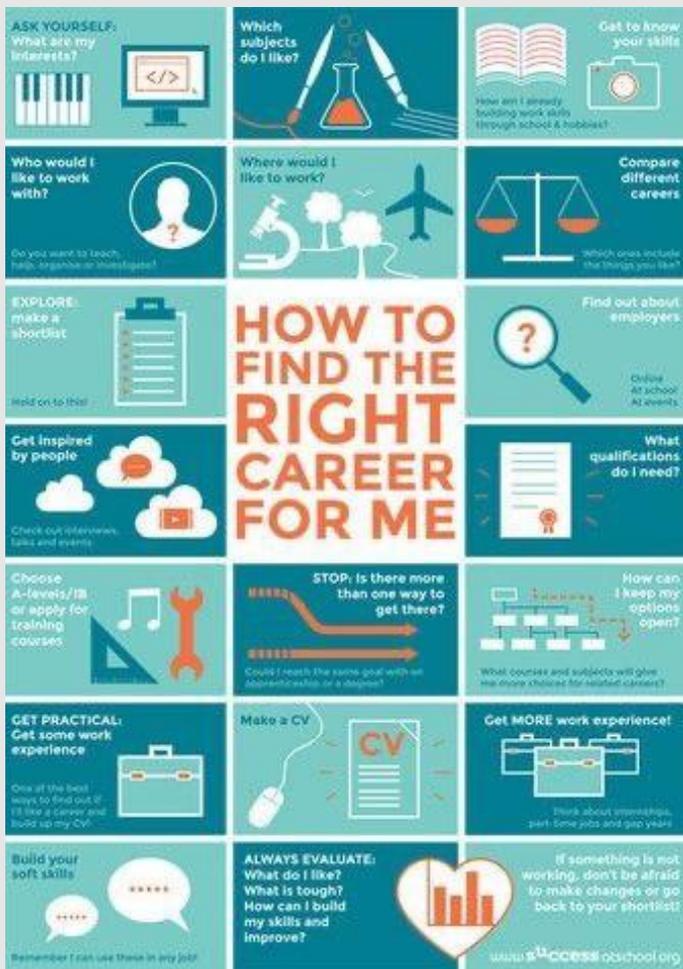
SEX EDUCATION

Adolescence is the time when children evolve physically, psychologically, and sexually, and it is important for them to understand these changes, which is why Delhi Public School Aligarh held a sex education seminar for classes IX-XII. Ms. Jeflin, the School Counsellor, led the session. The students learned about the changes and challenges they may face during puberty, as well as some coping mechanisms for the same. The seminar concluded with a round of questions and answers. Overall, it was a beneficial session not only for the students but also for the attending teachers who deal with them.



CAREER COUNSELLING

The Career Counselling Session held by Delhi Public School Aligarh in collaboration with Jagran Lakecity University and Manav Rachna University with over 60 students from grades XII was a resounding success. The session was organized on August 23, 2022 on the school campus with Mr. Ayushman Vats, with 3 years of experience working as an Advocate in Pune District Court and Mumbai High Court, and a Professor to promote Jagran Lakecity University and Dr. Monica Goel, Professor and Director, Faculty of Commerce from Manav Rachana University. The guests talked about the importance of choosing a career path, having Plan A as well as a Plan B for their future, and the different criteria one should look for before choosing a college. The students acquired a lot of knowledge about these universities during this session and also formed a better idea of how they can choose the best university for themselves after their board exams.



DIWALI

Delhi Public School Aligarh celebrated Diwali with an array of performances in its special assembly. All classes, from Nursery to XII assembled at the ground for this special occasion. The celebration started with a special prayer, followed by sharing the thought of the day, news across the world and the significance of celebrating the festival of lights to fight all our battles against the dark. The students were encouraged to 'declutter' by sharing what they no longer need with someone who might find it useful in this Diwali. The event also witnessed a special song and dance performance by senior students. The event which witnessed an overwhelming number of participants turned out to be a mood booster, as well as a great kickstart to Diwali holidays.



SPIC MACAY

DPS Aligarh was elated to treasure the arrival of Spic Macay's founder Padma Shri Awardee Dr. Kiran Seth. He is on his Solo Cycle Yatra from Kashmir to Kanyakumari which began on August 15, 2022 from Srinagar and which will conclude at Kanyakumari by January 31, 2023. In each city, big or small, he stopped and visited educational institutions to talk to students about our composite heritage and other topics like environment and culture.

The Principals of 12 reputed schools along with distinct personalities of Aligarh, the active members of Spic Macay attended the orientation and conceptualisation of its modules, which was followed by a Press meet. There were melodious renditions which touched the chords of each and everyone's hearts presented by the students. The Principal of our school welcomed him and addressed the cause and impact of Spic Macay's initiative enlightening the gathering about the composite cultural heritage and glory of our country.



SAVE A GIRL CHILD - STILL A DREAM?



“They are the genuine lifeline, the sanguine care line. They go to school, help with housework, work in factories, make friends, care for elderly and young family members and prepare themselves to take on the responsibilities of womanhood. Yes! They are the कन्या, neska, djevojka, дзяўчына, момиче aka GIRLS. However, no matter the kind of words we have used throughout human history, the fact that we are still discussing the issue of a girl child is a grim reminder of their real condition in today’s world.” If you take a closer look at the male-dominated historical narrative, women have been considered as nothing less than a liability. It makes me shocked to my core to think that half of the world’s population is a LIABILITY and the economy is still improving and running partly because of them. This belief is nothing but an attempt to undermine the contribution of a major section of the society, who couldn’t speak or wasn’t allowed to stand up for themselves. The girls and women are proving their contribution and value in the society time and again with their hard work, dedication, intelligence, and intuition and thus deserve equal respect and honor as any other men.

Upholding the rights of the girl child has seen increased support through the global adoption of the Convention on the Rights of the Child, as well as through the UN Millennium Development Goals for increasing equality in providing education to both girls and boys. Though the life of a girl child is steadily improving, many are still subjected to horrific practices, such as female genital mutilation, sexual discrimination during weddings and preference of a son over a daughter during child birth or dowry cases – often resulting in female infanticide, early marriage, sexual exploitation, and abuse.

Freedom from all forms of discrimination against the girl-child remains only partly fulfilled, and the reason is still beyond human comprehension. The governments have been doing well enough, NGOs are on a roll, and yet the task remains unsuccessful. Why? Because this set of policies and reforms fail to change the mindset of our society, which still considers men for the job and market, whereas the women for the home and raising the child. Thus, the real challenge lies in the transformation of the people and their perspectives. Although governments and societies must galvanize efforts if true freedom is to be won; the policies and programs initiated must take into consideration the differing, yet critical, needs of the girl-child in terms of protection from sexual and physical exploitation, discrimination in all forms, especially in the field of education, and increased awareness of the struggles being faced by girls today.

**BY Shachi Agnihotri
XII-C**

LGBTQIA+ RIGHTS: ARE THEY REALLY LEGAL?



LGBTQIA+ community was widely discriminated and looked down upon in India if you even think about 2015, but is it still considered a sin? In India, this notion of LGBT community is believed to be a disease, so much so that same-sex marriages are still not legally recognized. People of India take everything religiously, they need to re-affirm their knowledge of ideal relationship according to Hindu shastras and snooty priests. But you won't believe if I tell you that many religious scriptures allow same-sex relationships. Indians often consider having gay relationships as an irrevocable sin, a crime that can't be rectified.

People like us, the youth should make a difference in these situations. In the process of enjoying basic rights such as the Right to Equality, the Right to Freedom, the Right against Exploitation, the Right to Freedom of Religion, Cultural and Educational Rights, what we need more is to believe in the RIGHT TO LOVE. As humans, we all have access to our basic rights, but people of this community go through many hardships like not getting a job, not getting the basic necessities in life, and many more that we can't even imagine.

People are reluctant to support and talk about LGBTQ+ rights because they fear that by doing so, they will automatically antagonize the major section of the society. Does protecting animals make you an animal too? No. Even if it does, are we saying that all animals are harmful and violent? The LGBTQIA+ population has existed in all societies since forever, but they haven't always been open about their feelings or orientation, depending on the politics of the state and the mentality of the people around them. Being homophobic doesn't guarantee any wealth, fame, health or peace in the society, rather it shows how people can be deprived of these once they choose this way of life. The younger generation should try to understand our sexuality without restricting ourselves to societal standards. We should know who we are, why we need to be strong with our identities, and why we do not need to explain our sexuality to everyone in the society. Supporting the LGBTQIA+ community is the least we can do to ensure their equality and freedom, to encourage them to be who they are without fear. I hope we, the people of India become the biggest supporter of the LGBT+ community and show respect to everyone irrespective of their sexual orientation, caste, class, creed or gender.

THE RISE OF " BOYS DON'T CRY"



“Why are you crying?”

“Don’t you know boys don’t cry?”

The very first thing all boys learn in their life is that if I cry, I am weak and won’t be respected. So we learn to control our emotions, our sadness, and the first thing which we as humans do as soon as we arrive in this world is almost forbidden for us. Feeling or expressing pain is an alien concept to males because after all our movies and books teach us- “*mard ko dard nahi hota*”. It gets so ingrained in all men that the only acceptable emotions which we can show are anger and “manly” ones which include showing power and superiority over others, so much so that most of us don’t even know how to express our emotions to our loved ones. It’s not like we don’t feel these emotions, we do like everyone else. We love so hard, that we would do anything for our loved ones. We also feel fear, of losing them, of being seen as creeps or being vulnerable, of the dark or loneliness. We feel scared when people say that girls are not safe around us, they are not safe if we are walking with them on dark, lonely roads. But are all men born with wrong intentions or disrespect for women? Are all of us born with anger issues and superiority complex? It’s not like we think crimes against women don’t happen in reality or that most of them aren’t committed by men, but most of us can’t even imagine partaking in such heinous crimes. We live in the constant fear of our words getting misinterpreted as something a pervert would say, when all we tried was to be friendly with the other person. Yes, it is true that crime rates have increased in the recent past, but it is equally true that more number of boys these days are scared of getting into relationships, or of being falsely accused because of a past grudge or incident. All we really want is to express ourselves without the fear of being labelled as not ‘manly’ enough, to have our female friends trust us, to make them believe that not every boy they meet comes with an ulterior motive. A lot of times it is simply because they have a common ground, they enjoy each other’s company or they share a bond that is priceless. Therefore, it’s time we eradicate some stigmas from our society like men don’t feel pain, men shouldn’t cry, men always come with ulterior motives, they are selfish and snobbish, not all of us take actions based on erratically guided sexual desire and adrenaline rush. We need to be more understanding towards men, realize that they have emotions of sadness, depression, love and weakness too like every other human.

By Prasoon Baghel

XII-A

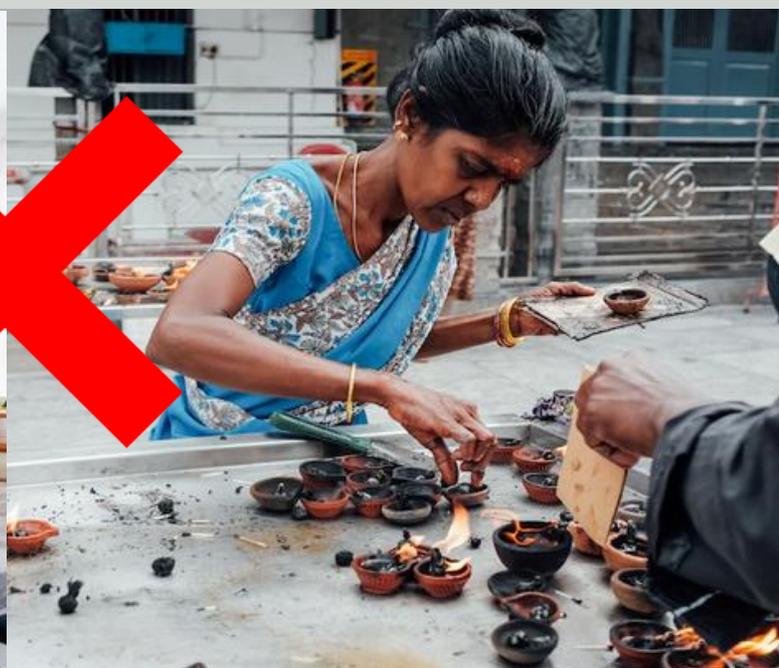
MENSTRUATION: A TABOO

Menstruation is the natural part of the reproductive cycle. Despite being a phenomenon unique to girls, this has always been guarded by secrecy and surreptitious myths in many societies. Taboos surrounding menstruation excludes women from many spheres of social and cultural life. Even though some of these are helpful, others have potentially harmful implications.

In India, even the mere mention of the topic has been a taboo in the past, and even to this date cultural and social influences appear to be a hurdle to the advancement of knowledge on the subject. Culturally in many parts of India, menstruation is still considered to be dirty and impure. The origin of this myth dates back to the Vedic ages and is often been linked to India's slaying of vritras. For it has been declared in one of the Vedas that the guilt of killing a Brahmana appears every month in the form of menstrual cycle as women had taken upon themselves a part of India's guilt. Further, according to the Hindu faith, women are prohibited from participating in a lot of daily activities like entering the kitchen, or taking a shower among many others while menstruating. She must be "purified" before she is allowed to return to her family and do the day-to-day chores of her life. However, scientifically it is known that the actual cause of menstruation is the bleeding from the endometrial vessels due to the secretion of certain hormones. Therefore, there seems no reason for this notion to exist that menstruating women are "impure". Many girls and women are subjected to unreasonable restrictions in their daily lives simply because they are menstruating. Not entering the "puja" room and the kitchen is one of the major restrictions for not only rural but also urban girls. Menstruating girls and women are also prevented from offering prayers, entering temple premises, and touching holy books. The underlying basis for this myth is also the notion of impurity mentioned above which is inherently associated with menstruation. It is further believed that menstruating women are unhygienic and unclean since they are not allowed to take a bath, hence the food they prepare can get contaminated, making it unsuitable for consumption.

It is further believed that menstruating women are unhygienic and unclean since they are not allowed to take a bath, hence the food they prepare can get contaminated, unsuitable for consumption. According to a study by Kumar and Srivastava in 2011, participating women also reported that during menstruation the body emits some specific smell or ray, which turns preserved food bad, and therefore they are not allowed to touch sour foods like pickles. However, as long as general hygiene measures are taken into account, no specific test has shown menstruation as the reason for the spoiling of any food in making. Cultural norms and religious taboos on menstruation are often compounded by traditional associations with evil spirits, shame, and embarrassment surrounding sexual reproduction. In some cultures, women bury their clothes used during menstruation to prevent them from being used by evil spirits. In Surinam, menstrual blood is believed to be dangerous, and a malevolent person can do harm to a menstruating girl or woman by using black magic ("wisi"). It is also believed that a woman can use her menstrual blood to impose her will on a man. Interestingly, in Asia including India, such beliefs are still practiced religiously. However, there seems to be no logical or scientific explanation for these myths, and it's time to stop believing them. Such taboos about menstruation present in many societies impact the emotional state of girls and women, their mental composition, choices and lifestyle, and most importantly, health. The challenge of addressing these socio-cultural taboos and beliefs about menstruation is further compounded by the fact that girls' knowledge level and understandings of puberty, menstruation, and reproductive health is very low. Therefore, empowerment of women through education and increasing their role in decision-making can aid in this regard and make sure that the upcoming generation doesn't believe in these baseless myths.

**By Akshat Varshney
X-B**



WHAT CAN BULLYING DO TO YOU?

Have you ever come back from school and never wanted to go back because you were afraid the thugs in the last seat would make fun of your appearance, habits, or way of speaking? Have you? Well, #metoo.

Bullying is a synonym for persecuting, oppressing, tyrannising, tormenting, browbeating, dominating, pressurising, harassing, nagging, and all that comes with it. It is a means to threaten, coerce, or seek harm which is unreasonable. Being bullied makes you feel miserable and powerless. You feel as though someone is attacking you in front of your friends, yet no one is responding to your cries for help. Bullied victims bear the scars of aggression for the rest of their lives. Those scars are haunting reminders of a state of fear and helplessness. "Why don't you tell your teachers or your parents?", people always say. What they don't realise is that the fear of the bullies discovering you snitched keeps you from speaking up. It gets worse if you find the courage to reach out for help and are denied of it and your problems are dismissed; it makes you never want to reach out again because there is no use for it. The experience of being bullied can end up causing lasting damage to victims. It is not necessary to be physically harmed to suffer a long-lasting impact. Words and gestures are quite enough. On the contrary, physical damage sustained in a fistfight, for the most part, heals quickly. What is far more difficult to heal is the primary wound suffered by bullying victims, which is damage to their self-confidence and identity. How many times have you opened social media and read about a fifteen-year-old who committed or attempted suicide because he couldn't bear the pain of bullying? Frequently, right? Bullies don't realise that their actions can severely scar a person's mental health. They may suffer from PTSD, OCD, bipolar disorder, eating disorders, and in some cases, suicidal thoughts.



What encourages bullies to bully? We live in a generation where being cool, popular, mean, or, more specifically, a "baddie" is glorified on social media, movies, and television shows, and today teenagers sometimes turn into bullies in trying to fit that description. Children internalize what they see regularly. Young bullies may live in households where adults bully one another to get their way or resolve conflicts. These bullies may also lack empathy, possess narcissistic traits, or be emotionally unstable and disoriented. Controlling and intimidating others makes them feel better about themselves and allows them to self-soothe. These characteristics of being the bully or the "bulee" follow children into adulthood, which is why it is important to seek out a licensed mental health professional to work through the difficult emotions that arise in the wake of bullying. Teachers should never ignore a cry for help, and they should create a safe environment for students to discuss the case of bullying. Families should also consider whether any family dynamics contributed to their child becoming a bully or the bullied. I understand how difficult it is to empathize with bullies, but they, too, are damaged individuals, like their targets, in need of an ear to listen to, or a shoulder to cry on.

By Paridhi Varshney, XII-B

HIJAB: A RULE OR A CHOICE?

Hijab- A covering worn by Muslim women which is considered as a symbol of obedience and privacy in Islam. According to Chapter 24 verse 31, of the Al-Quran & Chapter 33 verse 59 of the Holy Quran, it is rightly prescribed as the dress code for Muslim women with the motive to preserve their privacy and honor. Thus, it makes it clear that the concept of veil/covering is recognised in the holy Quran as a dress code for women, but the word 'hijab' is nowhere found in Quran. Though over the years the word 'hijab' became popular and the matter of wearing or not wearing hijab/veil has become a matter of individual choice. India is a country of diversified culture, where all cultures should be respected.



It is the autonomy of an individual to decide his or her dress code as per their choice of expression. However, the ban on hijab inside educational institutions in India led to the closing of the stores in Karnataka. This all started when on January 1, six female students were prohibited from entering the classroom wearing hijab at a government college in Udupi. This led to protests against college authorities, which later became a state-wide issue with reports of similar protests emerging in other towns in Karnataka. The matter then reached the court, with the Karnataka High court restraining all students from wearing saffron shawls, scarves, hijab, and any religious flag within classrooms. Karnataka government said that for colleges that fall under the Karnataka Board of Pre-university Education, the dress code prescribed by the college Development Committee or the Administrative Supervisory Committee must be followed. If the administration does not have a fixed dress code, clothes that do not threaten equality, unity and public order must be worn. But in a country that celebrates unity in diversity, should these statements really be made or is India's unity in danger? A country where accessibility to education is still difficult for a girl child and education being the ticket to their independence, should hijab really be the reason they are denied education? When you think of this and your fundamental rights to express your own opinion, you must also understand that in educational institutions, the uniform is above any religious bias, and students should be aware that the dress code decided by the Authority or Management is not to disrespect a particular religion or culture, but to ensure equality among all. Hence, it is equally important for students to respect the decision made by an educational institution in order to avoid any conflict among themselves.

In Iran, a contradicting issue can be seen where 'anti-hijab' protests are happening all over the country. This happened when a 22-year-old Masha Amini died on September 16 after being beaten by the 'moral police' for wearing a loose hijab. Iran has a special police task force to check if women are properly dressing up according to their religious ideologies. It has a strict dress code for women in which they have to compulsorily wear a hijab in public. Can you imagine that the sole purpose of the entire police force is just to check if women are following the religious rules for attire? A concept which might be too alien to Americans. After Amini's death, many other women came out and claimed that they went through the same situation where they were beaten by the morality police. Many women came on streets for protests against mandatory hijab, women took their hijabs off and set them on fire, many cut their hair, the slogans of "Death to the dictator" were also chanted.

After all these protests around the world, the question that comes up is - what do women really want? Do they feel comfortable or infiltrated with the hijab?

By Marriam

X-C

WHY IS FEMINISM IMPORTANT?

In recent times we exist to protect the rights of all women of any colour, caste, or religion and provide them with equal opportunities. Feminism in the real sense talks about respecting the diverse beliefs, identities, opportunities, talents, strengths, weaknesses, knowledge, competency, and desire of women and realising their fundamental and social rights. It aims at eradicating the patriarchal mindset of people. Feminist theories are not limited to the most popular women's issues like sexuality, rape or gender discrimination, but also promote power-sharing leadership and collaborative participation in both indoors and outdoors. Feminism shouldn't just be taught to women, but rather spread in a society where people understand that the support, efforts, cooperation, and opinion of all are of utmost importance. Therefore, being a feminist doesn't necessarily mean bashing men and their chauvinistic actions, but also educating women to understand what they deserve and what they should do to protect their rights and maintain equality in society.

But when we look at the present scenario, we find that feminism is slightly misinterpreted. For instance, we are familiar with the case of the Zomato delivery boy where a woman falsely accused the deliveryman; consequently, his career was destroyed. There are several more cases that demonstrate how people are fulfilling their vendettas in the name of feminism. When certain women lie and swindle, it casts a dark shadow over all women and calls into question the concept of feminism. Hence, in my opinion it should be repeatedly emphasised that feminism does not mean women are better than men, and it does not aim to give more rights to women and lesser to men. It stands for equal rights, and opportunities for all. But to add a cherry on the cake, the current generation is aware of all the ongoing issues



and is quite confident when they say that women are as good as men. Therefore, a true feminist is someone who not only knows his or her rights but respects the dignity and opinion of all genders in the society.

By Bhoomi Agarwal
XII C

WHAT DO YOU WANT TO BECOME?

DOCTOR OR ENGINEER?

What is the most prospective job in this country?
Doctor, engineer?

In the modern world, everyone has preferences for and objections to certain occupations. Today's world has a variety of jobs, some of which are suitable for certain people while others are not. As a child, everyone talks about the job they are interested in doing, or which amuses them, but choosing a career is a complicated task. It can change your whole life. The society has its own opinions about the best jobs, which might not be suitable for you. You must be focused on the career you want and put in a lot of effort to achieve it. A life without goals won't help you advance in the future because there is always uncertainty. When we hear about the word 'job', the first profession that comes to our mind is either a doctor or an engineer.



All dreams seem achievable, but when we begin to work towards these jobs, we get the idea of how difficult these actually are. People who want to become a doctor must entirely devote themselves to the requirements of becoming a doctor and this goes for every job out there. Nowadays, a lot of parents pressurize their children to do jobs that they think are suitable for them no matter their child's interest. Because of this pressure, children are unable to do either the job that their parents expect of them or the job that they are capable of doing. In our society, everyone has a goal for what they want to achieve in life. The main goal in our life should be to do the job we have a passion for, what we think will be the most prospective for us, not the one that the society considers to be productive.

By Aarav Mangal

VII-C

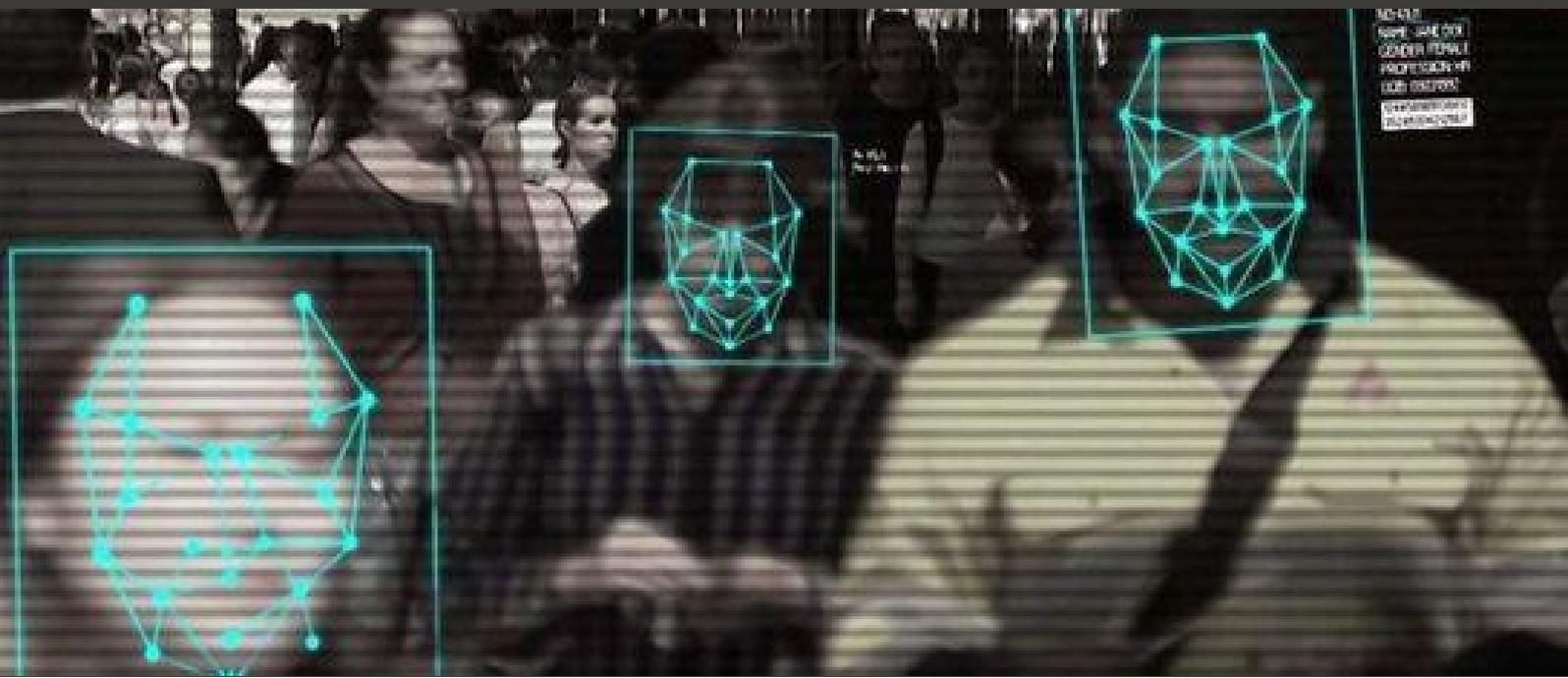
THE WHAT AND HOW OF CYBER CRIME

As we all know that the fastest-growing crimes are in the online world and they have increased drastically over the last few years. These online or internet-based illegal acts are termed as cyber crime. There are many ways of committing cyber crime like hacking, spamming, phishing, denial of service, software piracy, etc. Some of these are illustrated below with details.

Hacking is the act of intruding into a computer system for harmful purposes by identifying the technical weak points of the security using smart programming methods. A hacker is a person who hacks the other person's computer system with the intention of taking photos, videos, chats, and account details of that person to misuse them. We can avoid hacking by updating our operating system, web browser, and anti-virus software, and also by installing a firewall on our computer as it does not allow hackers and viruses to attack our computer. Spamming refers to the act of sending unwanted messages, called spam repeatedly to a large number of recipients at the same time. Due to this bulk of unwanted e-mails, our system becomes slow. We can avoid spamming by avoiding sharing of our e-mail ID with every website or agency, by setting up filters to scan our e-mails into a separate folder, and by never reverting to any spam e-mails. Phishing is another common type of cyber crime which is done to obtain sensitive information through e-mails. The criminals try to get information like user name, ID, password, and credit card details from us through e-mails or contact number.

People indulging in this activity also can use fake accounts, contact details to convince the target that he/she is not fake. We can prevent phishing by not opening e-mails from unknown sources as it could be a spam to convince us to give our ID and password, and by not sharing any personal information on e-mails. It must be shared only on smartphone or a secure website. Software piracy is another popular and frequently occurring cyber crime in which an unauthorised copying or stealing of software, movies, and music is done. These copies are then made available on the internet. Every software company provides its customers with a license when we buy the software, so that we become an authorised owner of that software. Without buying a license, it becomes illegal to use the software and government is allowed to take any action against the user. Tips to avoid software piracy are - we should not download any software which doesn't have a license, and we should also register ourselves on a company's official website before using any software. Cyber crime is a dangerous offence in the modern world. We can avoid cyber crime by following some basic steps and using our common knowledge and awareness. If we follow these steps, it helps us to be safe while using the internet. Our government has recently taken some initiatives to stop these cyber crimes. Some laws that enforce cyber security in India are Information and Technology Act 2000, and National Cyber Security Policy 2013 among several others.

**By Pari Agrawal
IX-A**



THE ONE WHO LEFT US TOO SOON

Do you know how they say that everyone enters your life for a reason? That is something I genuinely believe in. I've met some amazing people who will have a long-lasting impact on my life. I am grateful to everyone who has contributed to who I am in some way or the other today. There are some people, however, who hold a very special place in your heart. You'll never forget them and can't thank God enough for bringing them into your life.

We lost our dearest one, Agam Bansal, or as I like to call him, Bansal Agam. He got admission to this school in Nursery and was in his final year. He wasn't particularly studious, but he was quite hardworking. He had a bright and creative mind which we witnessed while planning the teachers' day program, and student council selections or when we heard him fantasise about his future. Agam never lost his warm and bubbly personality. He had this infectious and magnetic smile that could change your day. He could make you laugh with his unique dry sense of humour which lit up the entire classroom, including the teachers. He was everyone's favorite, the coolest guy on the squad.

Therefore, where we stand today, it's very heartbreaking to even acknowledge that he's gone. It feels like a dreadful dream from which his friends and family wish to escape. And as one of those friends, it's been three weeks and I still can't believe he left us. There is so much more to say. I wish to meet him again, perhaps in another lifetime. But, in the end, it's merely a part of life, as everyone says. If there is anything I learned from the passing of my friend, it is that time is truly precious. We never know when will be the last time we see someone. Make more time for each person you care about and love - make sure they know how deeply you feel for them. Hug your loved ones a little tighter, make as many memories as you can, take tons of pictures, send cards and letters, and take mini road trips together. Fill your life with as many of the things that make you happy as possible.

To everything, there is a reason, and a time to every purpose under the heaven: a time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted; a time to kill and to heal; a time to break down and to stand back up; a time to weep and to laugh; a time to mourn, and to dance; a time to cast away stones, and to gather them together; a time to embrace, and to refrain from embracing. But sometimes, it's indeed hard to come to terms with a loss that came too soon.

**By Nandini Jain
XII-B**





TO MAKE WORLD A

BETTER PLACE

**TO MAKE A BETTER WORLD,
WHERE NO ONE HAS TO FIGHT,
WHERE PEACE ISN'T JUST A WORD,
BUT A THING OF REAL LIFE.**

**TO FIGHT FOR A BETTER WORLD,
WITH TOOTH AND NAIL AND STICKS AND WORDS.
WHERE NO CHILD HAS TO PICK A GUN,
BECAUSE THEY NEED TO FIGHT FOR A BETTER WORLD.**

**TO FIGHT FOR A BETTER WORLD,
WHERE NO ONE HAS TO WORRY,
FOR THEIR KIN'S LIVES,
BECAUSE THEY ARE AWAY ON A BLOODY MEANINGLESS
WAR.**

**TO MAKE A BETTER WORLD,
WHERE NO ONE IS DIVIDED,
BY CAST AND CREED, COUNTRY OR WAR,
BUT UNITED BY HUMANITY AND LOVE.**

**TO MAKE A BETTER WORLD,
IN HOPES OF WHICH LIVES ARE SACRIFICED.
TO MAKE A BETTER WORLD,
WHICH IS WORTH FIGHTING FOR.**

**TO MAKE A BETTER WORLD,
WHERE WARS ARE A THING OF PAST.
TO MAKE A BETTER WORLD,
FULL OF HOPE AND LOVE.**

BY ANUSHKA SINGH, XII-A

**THE PAIN UNTOLD
WOMEN IN CONTROL
MEN WORK FOR THEM
WOMEN WORK FOR MEN.
IN THE BOOKS FROM OLD TIMES
OR THINKING OF SOME SO CALLED MANKIND,
STILL ARE THE SAME
WHICH NEED TO BE CHANGED.**

**A BOY SHOULD STUDY
A GIRL SHOULD COOK
KEEP HER IN CONTROL BUDDY
DON'T LET HER READ A BOOK.
GIRL! SHUT YOUR MOUTH
DON'T UTTER A WORD
RESPECT HIM LIKE
HE IS YOUR LORD.**

**IF HE DIES,
YOU'RE THE CAUSE
FOLLOW THE SATI
AND BURN YOUR FLAWS.
ATROCITIES ON WOMEN
ARE NOT GOOD IN ANY FORM
THEY HAVE THE POWER,
TO UNLEASH A STORM!**

**BY LIPI GAUR
X- B**

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**YOU ARE THE ONE, TAKE YOUR FLIGHT,
OPEN YOUR WINGS
AND ACHIEVE THE LIGHT.**

**NOT ONE,
NOR TWO,
YOU ARE CAPABLE OF THRICE
IT'S YOUR WAY,
YOUR LIFE,
NOBODY IS HERE
NOR BE THE ONE
RESPONSIBLE FOR YOUR FLIGHT
YOU ARE THE ONE
TO TAKE THAT FLIGHT.**

**BY KHANAK GARG
XII-B**

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