



DELHI PUBLIC SCHOOL ALIGARH
INFORMATION SHEET SESSION 2025-26
FIRST TERM (APRIL & MAY)
CLASS - PLAYGROUP

Dear Parents,

Greetings from the D.P.S. Fraternity!

As we turn the page to a new academic year, we are reminded of the words, "The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt.

With this belief, we step forward with renewed hope and enthusiasm to make this journey truly special for our future leaders. This new academic year brings with it the opportunity to set fresh goals, explore new horizons, and transform dreams into reality. We are excited to work together in nurturing the minds of our little champions and guiding them towards success with passion, dedication, and growth. We wish you and your child a productive and enriching session ahead, and may the year 2025-26 be filled with learning, joy, and memorable achievements.

ACCLIMATIZING IN NEW ENVIRONMENT

- ❖ Puppet Friend- A class puppet will be introduced to students to make them comfortable.
- ❖ Meet & Greet Circle – Students will say their names and something they like (e.g., "I am Aanya, and I love mangoes!").
- ❖ Action Songs – Songs like "If you're Happy and You Know It" to develop their gross motor skills.
- ❖ Follow the Leader – Walking, jumping, or clapping in a line with a leader, this activity will help them to learn how to take instructions.
- ❖ Breathing Exercises – Helps in calm anxiety of students.
- ❖ Picture Talk – Students will be shown different pictures and they will frame their own stories related to it.
- ❖ Simon Says: Students will play this game to practice following directions.

Academically we will cover-

ENGLISH-

- Recognition vocabulary and phonic sounds of letters L, T, I
- Tracing of letters L,T,I with the concept of standing and sleeping lines.
- Rhymes
- Short moral stories

ACTIVITIES-

- **Clay Modelling :**
(L for Lollipop)



- **Letter Craft :**
(T for Tiger)



- **Cotton Swab Letter tracing :**



HINDI-

- Recognition, Sound and vocabulary of letter अ
- Rhymes
- Short moral stories

ACTIVITIES-

- **Coloring & Craft :** Students will colour letter अ and related pictures.



MATHEMATICS-

Concepts-

- Big and Small

Numerical Ability:-

- Recognition of numbers 1,2
- Oral countings 1 to 5

Shape-

- Circle

ACTIVITIES-

- **Counting everyday objects-** Students will count the live objects surrounding them.



- **Big and Small Sorting game-** Students will sort out a variety of objects in two groups- big and small.



- **Circle Hunt-** Students will find and point out items and pictures that are circular in shape in the Classroom (like coins, buttons, wheels)



ENVIRONMENTAL STUDIES

- Me and my body
- My family

ACTIVITIES-

- **Meet me-**Students will paste their picture on a worksheet and will introduce themselves.
- **Family tree-** Students will paste the pictures of their family members on family tree.



WITH MY LITTLE

*With my little hands I go clap, clap, clap
With my little feet I go tap, tap, tap
With my little arms I wave bye, bye, bye
With my little legs I kick high, high, high
With my little eyes I play peek-a-boo
And with my little mouth I say, "I love you!"*

DANCE-

- Exercise, Body Movement with Zumba Dance
- Mogli / Moana Dance

MUSIC-

- Rhymes
- Prayer Songs
- Sargam

ACTION WORDS-

- Walk, Play, Jump, Eat

THURSDAY ACTIVITY-

- ❖ **Earth day craft activity**
(17.04.2025)
- ❖ **Mother's Day activity**
(08.05.2025)

INTRA- CLASS COMPETITION-

- **BALL RACE**
(22/04/2025)

**Values for
the month**

RESPECT



SHARING



GENERAL REMINDERS -:

- 1) Kindly label all the belongings of your child. (Uniform, Lunch box, Water bottle, Shoes and notebooks etc.)
- 2) Send one extra pair of clothes properly tagged to be kept in school for any emergency.
- 3) Send one seasonal fruit/salad (diced) with spoon/fork and handkerchief daily along with lunchbox.
- 4) Send your child in diaper in starting few days of school.

Ms. Akanksha Jain
(Class -Coordinator)

Ms. Neeru Gupta
(Academic Incharge)

Ms. Arti Jha
(Principal)